

Slovak Trampoline Open 2023

2. Grand Prix Košice 2023

Košice (SVK), 17th-18th November 2023

DIRECTIVES

Dear FIG affiliated Member Federation,

The Slovak Gymnastics Federation has the pleasure to invite your Federation and clubs to participate at our Slovak Trampoline Open competition.

We are happy to announce that this project is supported by Visegrad Fund



DISCIPLINE	Trampoline Gymnastics, Individual and Synchro Competition
HOST FEDERATION	Slovak Gymnastics Federation Junácka 6, 832 80 Bratislava Contact person: Lucie Zubrová Phone: E-mail : zubrova@sgf.sk Website : https://www.sgf.sk/sk/
Organizing Committee	Trampolines Košice (<i>official registered name: Trampolíny Košice, o. z.</i>) Národná trieda 200/39, 040 01 Košice-Sever, Slovak Republic Contact person: Miro Parnai (+421 915 949 557, miroparnai@gmail.com) <i>For communication in English contact: Alex Parnaiová (+420 608 721 321, a.parnaiova@gmail.com)</i> https://www.facebook.com/trampoliny.kosice/
LOCATION	Košice, Slovakia
DATE	From 17th to 18th November 2023
VENUE	Sports Hall Stará jazdiareň Košice Pri jazdiarni 1, 040 01 Košice, Slovak Republic
APPARATUS SUPPLIER	Eurotramp Ultimate 4x4 mm
	Gymnasts from the FIG affiliated federations and/or their clubs in good standing, except from countries not allowed by the FIG or European Gymnastics exceptional measures, may participate. The clubs have to respect

	their national eligibility rules for participation in the international events.																										
AGE categories	<table><tr><td>Talent R2 (Boys and Girls)</td><td>R2</td></tr><tr><td>Talent R3 (Boys and Girls)</td><td>R3</td></tr><tr><td>Girls up to 12 years D1, C12</td><td>D1, C12</td></tr><tr><td>Boys up to 12 years D1, C12</td><td>D1, C12</td></tr><tr><td>Girls 13 - 14 years (2009, 2010)</td><td>D2, B</td></tr><tr><td>Boys 13 - 14 years (2009, 2010)</td><td>D2, B</td></tr><tr><td>Women A 15+ (2008 and older)</td><td></td></tr><tr><td>Men A 15+ (2008 and older)</td><td></td></tr><tr><td>Girls synchro up to 14 years (2009 and younger)</td><td>D1, D2, C12, B</td></tr><tr><td>Boys synchro up to 14 years (2009 and younger)</td><td>D1, D2, C12, B</td></tr><tr><td>Women synchro 15+ qualification A (2008 and older)</td><td></td></tr><tr><td>Men synchro 15+ qualification A (2008 and older)</td><td></td></tr></table>			Talent R2 (Boys and Girls)	R2	Talent R3 (Boys and Girls)	R3	Girls up to 12 years D1, C12	D1, C12	Boys up to 12 years D1, C12	D1, C12	Girls 13 - 14 years (2009, 2010)	D2, B	Boys 13 - 14 years (2009, 2010)	D2, B	Women A 15+ (2008 and older)		Men A 15+ (2008 and older)		Girls synchro up to 14 years (2009 and younger)	D1, D2, C12, B	Boys synchro up to 14 years (2009 and younger)	D1, D2, C12, B	Women synchro 15+ qualification A (2008 and older)		Men synchro 15+ qualification A (2008 and older)	
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JUDGES AND JURIES	<p>All judges must have a current valid FIG or national brevet at the time of the event, for the respective discipline (TRA).</p> <p>All participating delegations have to provide 1 judge for 1-8 gymnasts, 2 judges for 9-16 gymnasts, etc.</p> <p>Higher entry fee (EUR 50) per gymnast / pair, will be applied for federations / clubs with more than two (2) gymnasts for the number of gymnasts with missing judge. In case of missing judge, please contact us in advance to discuss the situation.</p>																										
REGISTRATION DEADLINES	<table><tr><td>Provisional registration:</td><td>10.09.2023</td><td>entry form attached</td></tr><tr><td>Definitive registration:</td><td>25.09.2023</td><td>entry form attached</td></tr><tr><td>Nominative registration:</td><td>15.10.2023</td><td>entry form attached</td></tr></table> <p>LOC contact - email : zubrova@sgf.sk</p>			Provisional registration:	10.09.2023	entry form attached	Definitive registration:	25.09.2023	entry form attached	Nominative registration:	15.10.2023	entry form attached															
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ENTRY FEES	<p>Entry fee EUR 15 per gymnast, EUR 50 per gymnast / pair from federations / clubs with more than two (2) gymnasts for the number of gymnasts / pairs with missing judge.</p> <p>Entry fees are non-refundable.</p>																										
ACCREDITATION	<p>Accreditation will be held at the competition venue.</p> <p>During accreditation the following will be checked as well:</p> <ul style="list-style-type: none">- delegation members participation- proof of the cover notes or photocopy of the valid insurance policy - payments (entry fees, accommodation, insurance, passport, personal ID, etc. may be requested).																										
EVENT FORMAT	<p>Valid FIG Trampoline Code of Points and FIG Junior and WAGC Rules will be applied.</p> <p>Finals will start from zero. Eight (8) finalists (6 finalists if 7-8 participants, 4 finalists if 5-6 participants, 3 finalists if 3-4 participants in category).</p> <p>In addition, the host Trampolíny Košice is allowed to set up one gymnast per category in every final. If there is no athlete from home club in the final there will be nine (9) starters in the final (Košice club Wildcard).</p>																										

PROVISIONAL SCHEDULE	<p>Qualification (Q1):</p> <ul style="list-style-type: none"> • <u>Seniors</u>: 2 voluntary exercises, better counts (FIG A) • <u>Juniors</u>: first exercise with FIG requirements + voluntary routine (FIG B) Difficulty limit per element as per valid FIG Code of Points (junior categories). <p>Insufficient participation: if less than 3 participants in a category, the category can be cancelled.</p>	
	<p>Friday 17.11.2023</p> <p>09:00 – 13:00 Arrival of delegations Workshop for coaches – How to develop trampoline Gymnastics in your National Federation and Clubs</p> <p>15:00 – 20:00 Optional training</p> <p>19:00 Orientation meeting, instructions</p>	
	<p>Saturday 18.11.2023</p> <p>08:00 – 09:00 Warm up and competition Talent R1, R2</p> <p>10:00 – 12:00 Warm up and competition girls and boys up to 12 y</p> <p>12:00 – 14:00 Warm up and competition girls and boys 13-14 y</p> <p>14:00 – 16:00 Warm up and competition seniors M & W</p> <p>16:00 – 18:00 Synchro warm up and competition</p>	
	<p>Sunday 19.11.2023 Departures</p> <p>Definitive time schedule will be adapted according final number of participants.</p>	
MEDICAL SERVICES INSURANCE	<p>Medical services will be provided by the LOC during trainings and competitions.</p>	
	<p>The Host Federation and the LOC will not be responsible for any liabilities in case of accidents, illness including Covid-19, quarantine, repatriation and the like.</p> <p>All participating Federations and clubs are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g., cover note or photocopy of the valid policy).</p> <p>Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance available on the Slovak insurance market at the Federations own charge.</p>	
INTERNATIONAL TRANSPORTATION	<p>The participating federations and clubs must pay for the travel costs of their delegation members. Slovak Gymnastics Federation and the LOC recommend that each delegation takes appropriate cancellation insurance for the international transportation.</p>	
LOCAL TRANSPORTATION	<p>LOC will provide transport from the accommodation to the venue.</p> <p>As for the transportation from the Košice Airport or Košice Train Station, LOC will prepare the “<i>Use the City</i>” manual containing the information on the in-town transportation.</p>	
ACCOMMODATION	<p>Garni Hotel Akadémia Južná trieda 10 040 01 Košice</p>	

MEALS	EUR 30 per night per person (breakfast included) + EUR 2,5 per night per person (local tax)	
	https://adminwebu.wixsite.com/mysite	
	Closer information on reservations will be provided additionally.	
BANK ACCOUNT INFORMATION	Breakfast will be provided at the place of accommodation, there will be light snacks prepared at the venue. As the venue is in the city centre, participants can visit city centre for main meals.	
	Possibilities for catering in town will be shared in the “ <i>Use the City</i> ” manual.	
	<p>Bank: Fio banka, a. s., pobočka zahraničnej banky Account name: Trampolíny Košice, o. z. Account Number: 2302166371/8330 IBAN: SK8183300000002302166371 SWIFT/BIC: FIOZSKBAXXX</p> <p>The participating federation / club is responsible for covering all bank fees in connection with the bank transfers.</p> <p>On request, the LOC can accept the cash payment upon arrival or issue an invoice in the name of participating federation.</p>	
MISCELLANEOUS	For the additional services (visa, additional accommodation, special travel arrangements, Košice sightseeing etc.) do not hesitate contact us please.	
DEADLINES SUMMARY		
	Provisional Registration	10.09.2023
	Definitive Registration (incl. Accommodation and meal)	25.09.2023
	Payment (entry fees, accommodation, meals)	25.09.2023
	Travel form	25.09.2023
	Nominative Registration	15.10.2023
ADDITIONAL INFORMATION	Age Group Competition (not sanctioned)	

Sincerely Yours,

Bratislava, 27.8.2023



Monika Šišková, president SGF

Miroslav Parnai, Director of Competition